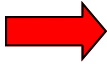
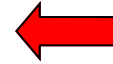


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# My Changing Body

## Version 1.0

### 8 images per page

#### About Visual Aids for Learning

Visual Aids for Learning is a company that develops images to streamline and support learning, empowering people to participate and achieve independence.

The free downloads are supported from revenue generated by online advertising on our website. We encourage you to visit our website often as we are continually updating these products and adding new images.

[www.visualaidforlearning.com](http://www.visualaidforlearning.com)

#### How to make your kit

1. Print this document (we recommend using 180—200 gsm matt card)
2. Cut out each individual card using the grey lines as a guide.

#### Tips

- For greater durability you may consider laminating each individual card.
- For greater permanency, you may consider placing a Velcro "button" on the back of each card and a Velcro strip on the surface where you want the cards to be displayed.

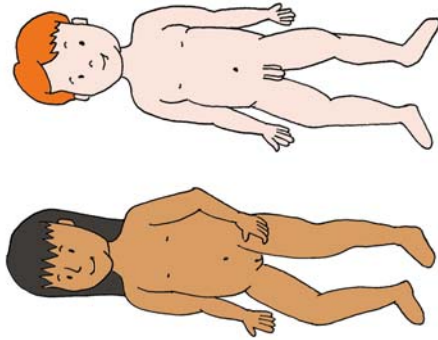
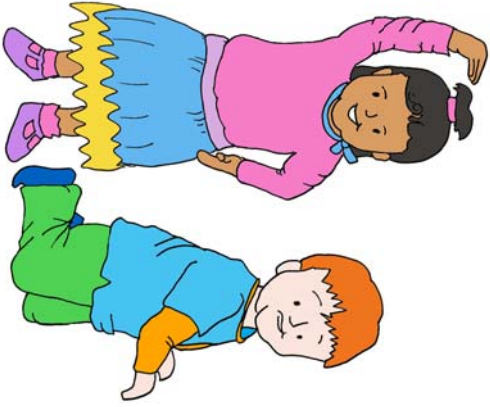
#### How to use this kit

For suggestions on how to use these visuals, you can download an instruction booklet from our website.

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## Baby

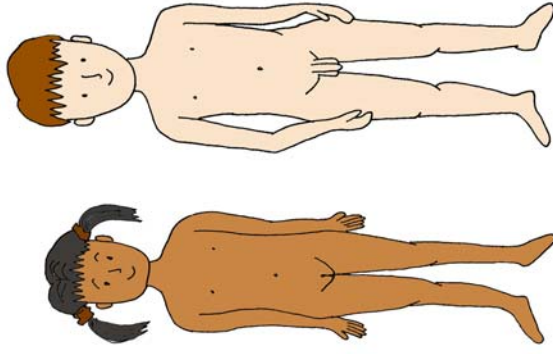
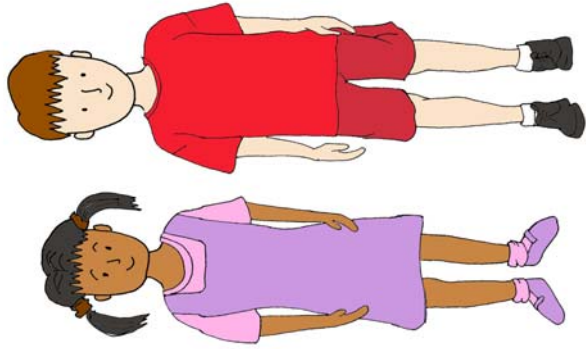
- learns to sit
- learns to crawl
- starts to talk
- learns to eat food
- mum and dad care for them

- learns to walk
- learns to go to the toilet
- starts to clean teeth
- plays with toys
- starts pre-school
- enjoys watching play school on TV
- makes friend with other Children
- still needs help



At bath time

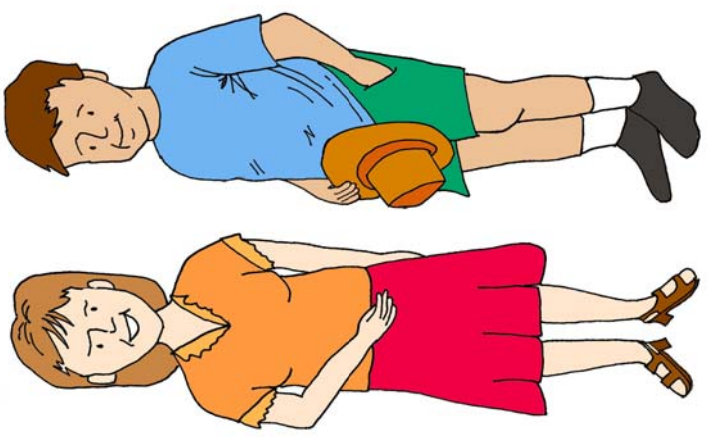
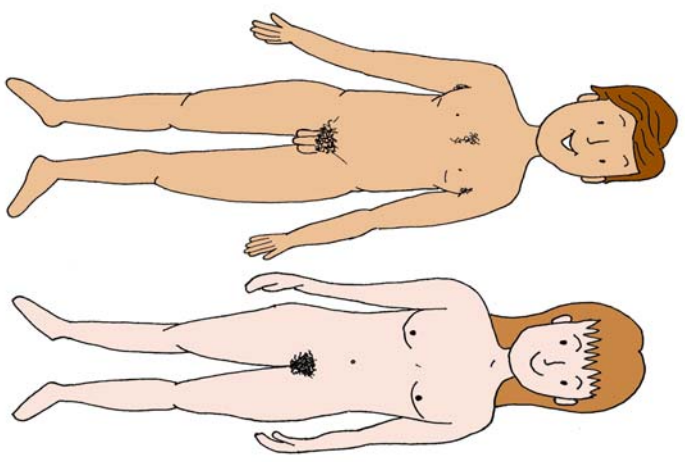
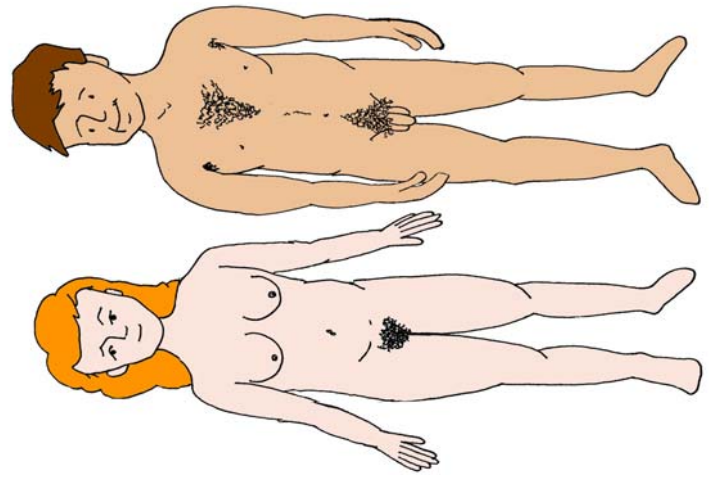
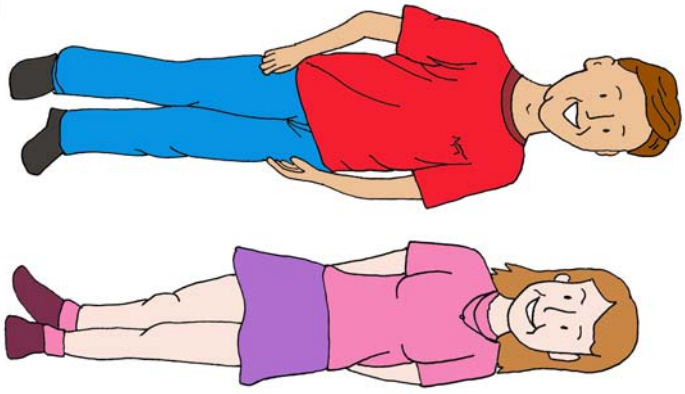
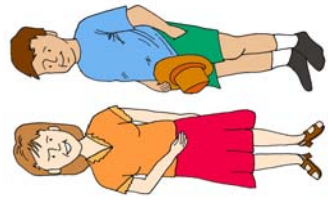
## Toddler



- starts school
- plays with friends
- plays games with rules like basketball and soccer
- learns to read and write
- takes care of pets
- stays overnight by themselves at grandma's
- can wash themselves and shampoo their hair by themselves



- skin starts to wrinkle
- often put on weight easier
- hair starts turning grey
- cares for the home
- does work
- drives a car
- looks after children
- can cook meals



- grows pubic hair and hair under armpits
- sweat a lot more and smell
- get pimples
- Boys**—grow facial hair so need to start shaving, voice gets deeper, have erections and wet dreams, testicles and penis increase in size, shoulders broaden and muscle develop
- Girls**—breasts increase in size, get their periods

