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OFFICE USE ONLY	
ID	
DATE	
OTHER	

Services

Individual Cognitive and Executive Functioning Therapy: In weekly or monthly sessions, I work with individuals whose cognitive and/or executive functioning issues (i.e., attention, cognitive flexibility, working memory) impact on their everyday life (including, family life, school/college, and work). I utilize a variety of approaches, including: cognitive and executive functioning skills training, computerized cognitive software, mindful awareness training, coaching on use of cognitive and executive functioning strategies in different environments, and the use of complementary/alternative medicine techniques (including the Integrated Listening System or Forbrain devices) as is needed for the individual with whom I am working.

Individual Speech/Language Therapy: In weekly sessions, I work with individuals with Autism Spectrum Disorders, Attention Deficit Disorders, and other neurobiological differences on challenges related to social cognition/communication/pragmatics (i.e., social emotional reciprocity, perspective taking, relationship development), self-awareness and calming (i.e., emotion awareness, emotion recognition, and emotion regulation), and gaining independence skills (i.e., life skills, college skills, and transition planning). I incorporate a variety of evidence-based practices, including: skills training, theory-of-mind training, modeling, cognitive-behavioral techniques, and mindfulness techniques.

Group Therapy: In weekly sessions, I work with small groups of individuals with difficulties with social cognitive, pragmatic, and/or relationship development difficulties. I specialize in working with adolescent and adults with Autism Spectrum Disorders on developing functional interaction skills for success in authentic social interactions. Currently, I don't have any groups. I will open up groups as individuals demonstrate interest.

Family Therapeutic Supports and Training: Family sessions can occur weekly, monthly or whenever ASD-related issues are affecting family life and/or the individual's success in their daily life. Family sessions can include interventions and supports that the family may utilize in their home life while working with both family members and the individual with ASD to understand the perspectives of each other.

Consultation: I consult with schools, mental health professionals, families, and individuals with ASD on issues related to the daily life of individuals with ASD, as well as strategies for addressing these issues.

Workshops and Presentations: I offer ASD trainings for school staff, mental health providers, family members, and individuals with ASD on issues related to the life and experiences of individuals with ASD.