Blessed are the meek, for they shall inherit the earth. Matthew 5:5

To be meek is to be gentle, humble, lowly.

“The meek are the ‘gentle’... those who do not assert...
themselves over others in order to further their own agendas in their own strength,

but who will nonetheless inherit the earth because they trust in God to direct the outcome of events.” ESV Study Bible notes

The first reason we should be meek is because Jesus is.
Take my yoke upon you and learn from me, for I am gentle and lowly in heart and you will find rest for your souls. Matthew 11:29

I, Paul, myself entreat you, by the
meekness and gentleness of Christ 2 Corinthians 10:1