

Mental Health Resources FOR YOUNG CHILDREN



Revised Winter 2013



Mental Health Resources FOR YOUNG CHILDREN

Selection criteria for agencies listed in this directory were based on recommendations from the Anoka County Children and Family Council Early Childhood Mental Health Committee. Descriptions of the services were provided by the agencies themselves. Inclusion of the agencies is not a recommendation or endorsement. The description of services provided by the agencies was not verified or evaluated. If you have suggestions or additions or need additional copies, please contact Denise Kirmis at Denise.Kirmis@co.anoka.mn.us. For a more complete listing of resources in Anoka County, contact Anoka County Community Action Program at 763-783-4747 or www.accap.org.

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MENTAL HEALTH SERVICES

Abbott Northwestern Hospital

612-863-8633

Evaluation and assessment of mental health needs for children (12 & over) and adults. Hospitalization available for children. For children under 12, call Children's Hospital. In crisis, go immediately to ER for assessment rather than calling.

800 E 28th St, Minneapolis, MN 55407

www.abbottnorthwestern.com

ABC Family Counseling

763-227-8076

Provides individual, couples and family counseling. Also provides educational and psychological assessment for ADHD, learning disabilities and other issues.

229 Jackson St, Suite 136, Anoka, MN 55303

www.abcfamilycounseling.com

Affiliated Counseling Center

763-572-2605

Outpatient mental health clinic. Counseling for individuals, couples and families.

7260 University Ave NE, Suite 235, Fridley, MN 55432

www.mncounseling.com

Alexander Center – Park Nicollet Clinic

952-993-2498

Diagnosis, treatment, consultation, psychological and education services for children with behavioral and developmental problems, such as autism spectrum disorders, ADHD, emotional problems, auditory processing difficulties and childhood apraxia of speech. Parent support groups and parent guidance counseling.

8455 Flying Cloud Dr, Eden Prairie, MN 55344

www.parknicollet.com/AlexanderCenter/

Anoka County Adult Mental Health

763-422-7070

Intake for case management services for individuals with serious and persistent mental illness.

2100 3rd Ave, 5th Floor, Anoka, MN 55303

www.co.anoka.mn.us

Anoka County Children's Mental Health

763-712-2722

Services for children with behavior concerns or emotional disturbances and their families. Services may include information about mental health, referrals to community agencies, case management, family community support, referrals for diagnostic assessment and other support services.

3300 4th Ave N, Bldg 9, Anoka, MN 55303

www.co.anoka.mn.us

**Anoka County Children's Mental Health
Early Intervention Resource and Referral Program 763-712-2703**

Parents with children ages 0-5 who are exhibiting disruptive behaviors and do not have a diagnosis can call Children's Mental Health to schedule an appointment with a Family Community Support Social Worker for assistance with accessing community resources. On-going case management is dependent on qualification and can be obtained by calling the intake number listed separately in this booklet.

Behavioral Dimensions 952-814-0207

Intensive behavioral intervention services for children with autism. Behavioral consultation for individuals with developmental disabilities. Individual therapy and skills training. Family skills training.

415 Blake Rd N, Suite 240, Hopkins, MN 55343

www.behavioraldimensions.com

Canvas Health Services (formerly HIS) 763-755-3801

Mobile mental health crisis services for children, adults and families in Anoka County. Crisis assessment, intervention and stabilization services available 24 hours per day. Adult residential crisis services will continue to be provided by People, Inc. - Riverwind (763-862-7944).

5701 Shingle Creek Pkwy, Suite 540, Brooklyn Center, MN 55430

www.canvashealth.org

Canvas, Inc.

Child and family counseling, psychiatric services and school-referred day treatment and therapeutic support.

Brooklyn Center Office 612-676-1604

5701 Shingle Creek Parkway, Suite 540, Brooklyn Center, MN 55430

Forest Lake Office 651-777-5222

121 11th Ave SE, Forest Lake, MN 55025

Oakdale Office 651-777-5222

7066 Stillwater Blvd N, Oakdale, MN 55128

www.canvashealth.org

Catholic Charities 651-647-3100 (intake)

Individual child (10 & older) and adult counseling. Couples and family mental health therapy and education. Group counseling for adults.

St. Paul Office 651-647-2331 (intake)

215 Old 6th St, St. Paul, MN 55102

www.cccspm.org

Lee Carlson Center for Mental Health & Well Being

763-780-3036

Individual counseling for all ages, marriage and family counseling, psychiatric services for adolescents and children, play therapy for children, psychological testing and assessments and bariatric psychological assessment. All ages are treated, but the center is known for its work with children and teens, ages 6-17.

7954 University Ave, Fridley, MN 55432

www.leecarlsoncenter.org

Children's Hospitals and Clinics-Psychological Services

Individual and family therapy, psychological and neuropsychological assessment. Psychiatric evaluation and medication management (available to children already patients of Children's Mental Health, Pediatric or sub-specialty clinics).

Minneapolis

612-813-6000

2525 Chicago Ave S, Minneapolis, MN 55404

St. Paul

651-220-6753

360 Sherman St, St.Paul, MN 55102

www.childrensmn.org

Chrysalis Mental Health Clinic

612-870-2400

Outpatient mental health services. Support groups, parenting, childcare, legal services and community education. Resource counselors.

4432 Chicago Ave S, Minneapolis, MN 55407

www.tubman.org

CLUES (Comunidades Latinas Unidas En Servicio)

Mental health counseling and resource connection for the Latino community. Home-based programs for families in the Latino community in conjunction with Hennepin County Child Protection.

Minneapolis Office

612-746-3500

720 E Lake St S, Minneapolis, MN 55407

St. Paul Office

651-379-4200

797 E 7th St, St. Paul, MN 55106

www.clues.org

Coon Rapids Counseling

763-786-9755

Individual, teen/child, couple and family counseling. Psychological assessment.

551 Coon Rapids Blvd, Suite 150, Coon Rapids, MN 55433

Courage Center

763-520-0312

Neuropsychological evaluation, psychotherapy, behavior consultation and training for children and adults with disabilities.

3915 Golden Valley Rd, Minneapolis, MN 55422

www.courage.org

The Family Partnership

763-560-4412

Counseling for children, teens, adults, families and couples offered on a sliding fee scale. Insurance accepted.

Northwest Hennepin Branch

6900 78th Ave N, Brooklyn Park, MN 55445

www.thefamilypartnership.org

Family Based Therapy Associates

763-780-1520

Individuals, couples, family, and comprehensive mental health care. Play therapy.

199 Coon Rapids Blvd, Suite 306, Coon Rapids, MN 55433

www.fbta.biz

Family Enhancement Center

612-827-3028

Therapy for children and families dealing with abuse.

4826 Chicago Ave, Suite 105, Minneapolis, MN 55417

www.familyenhancementcenter.org

Family Innovations, Inc.

763-421-5535

Individual, couples and family counseling for adults and children.

1833 3rd Ave, Anoka, MN 55303

www.familyinnovations.com

Family Life Center

763-427-7964

Mental Health Clinic specializing in behavioral health. Individual play therapy for young children.

1930 Coon Rapids Blvd N, Coon Rapids, MN 55433

www.flmhc.org

Fraser Child & Family Center

612-331-9413

Services including diagnostic evaluation, direct services, individual and group therapy. Information and support for children with typical and special needs and their families.

333 University Ave SE, Minneapolis, MN 55414

Fraser Anoka

763-231-2590

2829 Verndale Ave, Suite 3, Anoka, MN 55303

www.fraser.org

Genuine Therapy Center, LLC

763-712-1903

Child, individual, couples and family therapy.

630 East Main St, Anoka, MN 55303

www.guinenetherapist.com

Hennepin County Adult & Children's Mental Health

612-348-4111

Screening and assessment for mental health services, such as in-home family therapy, parenting skills training, case management, family community support services and referral information regarding mental health needs and community resources.

525 Portland Ave S, Minneapolis, MN 55415

www.co.hennepin.mn.us

The International Center

763-572-2326

Family therapy as an intervention for working with children and adolescents. Individual psychotherapy with adolescents in the context of the family or individually. Couples therapy. Parenting education. Play and individual therapy for children.

622 86th Ln NW, Coon Rapids, MN 55433

www.lauriegrengs.com

Lakes Area Human Services, Inc.

651-464-2194

Individual therapy for children ages six and older and adults. Marriage and family counseling. Anger management group. Psychiatry services. Medication management.

Forest Lake Office

1068 S. Lake St, #12, Forest Lake, MN 55025

St. Paul Office

1825 Stillwater Curve Crest Ave, Stillwater, MN 55082

Lakes Area Youth Services Bureau

651-464-3685

Counseling services for youth and their families regarding issues such as relationships, depression, parenting and ADHD.

244 N Lake St, Forest Lake, MN 55025

www.ytblakesarea.org

Lutheran Social Services

Individual and family assessment and counseling for children, adolescents and adults. Play therapy for young children. In-home services available. Personal social awareness program.

Minneapolis/St. Paul Area

612-879-5320

2485 Como Ave, St. Paul, MN 55108

www.lssmn.org

Mercy Hospital Assessment and Referral

763-236-7911

Mental health assessment in the emergency room at Mercy Hospital for outpatient treatment or admission to in-patient services in other hospitals.

4050 Coon Rapids Blvd, Coon Rapids, MN 55433

www.allina.com

Northtown Behavioral Health Services 763-236-3800

Counseling and psychiatric services for adolescents and adults.

7590 Lyric Ln NE, Fridley, MN 55432

www.allina.com

Northwest Youth and Family Services 651-486-3808

Mental health counseling for adult and children regarding behavior disorders, ADHD, depression, and family or marital conflict.

3490 Lexington Ave N, Suite 205, Shoreview, MN 55126

www.nyfs.org

Nystrom & Associates, Ltd.

Individual and family therapy, psychiatric services, play therapy, in-home therapy and parenting assessments. Also have chemical dependency services, DBT, and medication management.

Use the website to get directions to your clinic of choice (through google maps)

We have six locations:

Brighton Professional Building

1900 Silver Lake Rd, Suite 110

New Brighton, MN 55112

651-628-9253

Waterfront Professional Building

9075 Quaday Ave NE, Suite 102

Otsego, MN 55330

763-746-9492

Merchants Bank Building

7300 West 147th St, Suite 204

Apple Valley, MN 55124

13021 Evergreen Dr

Baxter, MN 56425

Prairie Lakes Corporate Center II

11010 Prairie Lakes Dr

Eden Prairie, MN 55344

www.nystromcounseling.com

Providence Building

332 W. Superior St, Suite 300

Duluth, MN 55802

St. David's Child Development and Family Services

952-939-0396

Support for children and families in areas of early childhood education, pediatric therapy, special needs, mental health and early intervention. Mental health services include individual and family therapy, support groups, skills training and case management. Early intervention includes therapeutic preschool, parent support, advocacy and referrals to resources.

Minnetonka Site

3395 Plymouth Rd, Minnetonka, MN 55305

www.stdavids.net

University of MN Children's Hospital/Fairview Behavioral Services

Evaluation and treatment services for mental health concerns of children 12 years and younger. Treatment for psychiatric disorders, behavioral or adjustment difficulties, attention disorders, mood disorders, autism, fetal alcohol syndrome, anxiety and other mental health issues.

Inpatient program (Intake) 612-672-6600

Outpatient Program (Mental Health & CD) 612-672-2736

Outpatient Individual Counseling 612-672-6999

Physicians Outpatient Mental Health Clinic 612-273-8700

2450 Riverside Ave, Minneapolis, MN 55454

www.university.fairview.org/clinical_services/mental/

Vansiclen, Robert and Connelly, Terry 763-717-4979

Norstad, Bonnie 763-784-3405

A variety of mental health services for school aged children and their families. Testing for ADD/ADHD. Work with autism and Asperger's syndrome and psychological testing.

277 Coon Rapids Blvd NW, Suite 308, Coon Rapids, MN 55433

Volunteers of America 952-945-4000

Program offers coordination of services enabling children with severe emotional disturbances to remain at home. Services may include mental health, social, educational, health, vocational, recreational, volunteer, advocacy, transportation and legal services.

www.voamn.org

Washburn Child Guidance Center 612-871-1454

Services for families with children with social, emotional and behavioral problems. Outpatient assessment and treatment, home-based services for children and families, intensive day treatment for children with serious emotional and behavioral difficulties, and consultation and training services for child care and preschool program.

Main Office

2430 Nicollet Ave, Minneapolis, MN 55404

Northwest Site

9100 85th Ave N, Suite 100, Brooklyn Park, MN 55445

www.washburn.org

West Lake Family Services 763-383-0247

Group, individual and in-home family therapy and skills training. Specialize in ADHD/ADD.

Wilder Child Guidance Center 651-280-2310

Counseling for children birth to age 17 and their families. Individual, family and group counseling, play therapy, psychiatric and psychological evaluations.

451 Lexington Pwy N, St. Paul, MN 55104

www.wilder.org

HOTLINE AND CRISIS NUMBERS

Alexandra House Shelter

763-780-2330

Services for victims of domestic and sexual violence that include: assistance with legal matters, crisis intervention, support groups, safety planning, 24-hour crisis line, advocacy, housing resources and children's program. Community education.
www.alexandrahouse.org

Anoka County Community

Action Program (ACCAP)

763-784-4747

Energy assistance, emergency crisis assistance, housing rehabilitation, weatherization, furniture warehouse, homeownership counseling, foreclosure prevention, senior outreach programs, Head Start program for eligible families.

1201 89th Ave NE, Suite 345, Blaine, MN 55433

www.accap.org

Anoka County Family Services

763-422-7125

Investigates reports of child abuse or neglect.

Child Protection Intake

2100 3rd Ave, 5th Floor, Anoka, MN 55303

www.co.anoka.mn.us

Canvas Health Services

763-755-3801

Mobile mental health crisis services for children, adults and families in Anoka County. Crisis assessment, intervention and stabilization services available 24 hours per day. Adult residential crisis services will continue to be provided by People, Inc. - Riverwind (763-862-7944).

5701 Shingle Creek Pkwy, Suite 540, Brooklyn Center, MN 55430

www.canvashealth.org

Community Action Partnership of Suburban Hennepin

952-933-9639

Energy assistance programs, homeownership services, and financial counseling for low-income people in suburban Hennepin County.

33 10th Ave S, Suite 150, Hopkins, MN 55343

www.cashenn.org

Community Emergency Assistance Program, Inc. (CEAP)

Limited financial assistance for eligible residents of Anoka County. Assistance given to prevent eviction or foreclosure.

Anoka County

1201 89th Ave NE, Suite 130, Blaine, MN 55434

www.ceap.org

763-783-4930

Hennepin County

6840 78th Ave N, Brooklyn Park, MN 55455

www.ceap.org

763-566-9600

Crisis Connection

24-hour crisis counseling by telephone.

www.crisis.org

612-379-6363

Crisis Nursery

Greater Minneapolis Crisis Nursery

Crisis services for Hennepin County families, including 24-hour crisis hotline, crisis counseling, 72-hour residential child care for 6 year olds and younger for up to 3 nights, parent education, in-home visits, medical care for children during their stay and referrals to partner organizations.

5400 Glenwood Ave, Golden Valley, MN 55422

www.crisisnursery.org

763-591-0100

Hennepin County Children and Family Services

Investigates reports of child abuse or neglect.

Child Protection Intake

300 S 6th St, Minneapolis, MN 55487

www.co.hennepin.mn.us

612-348-3552

People, Inc. -

Parent Support Anoka County

Parent support services, in-home parent education, resource information and advocacy for families struggling to obtain resources.

1321 Andover Blvd NE, Ham Lake, MN 55304

www.chsfs.org

763-785-9222

United Way 2-1-1

Information and referral service for health, recreation, education, social services, etc. with over 40,000 community agencies in its database. You can dial 211 (free call) or 651-291-0211 or the toll free number is 1-800-543-7709 from anywhere in MN.

www.211unitedway.org

211

EARLY CHILDHOOD CARE AND EDUCATION

Child Care Support Service

763-783-4881

Childcare and early education program referral for parents, employers and professionals. Referral counselors provide general child care information and answer specific childcare questions. Provides an individualized listing of providers.

1201 89th Ave NE, Suite 345, Blaine, MN 55434

www.accap.org

Early Childhood Family Education

Parent and child activity classes, parent education, home visiting and field trips for children birth up to kindergarten. Drop-in play for parents and children together.

Anoka Hennepin School District #11 ECFE

763-506-1275

www.DiscoverCommunityEd.com

Centennial School District #12 ECFE

763-792-6120

www.isd12.org/ecfe

Columbia Heights School District #13 ECFE

763-528-4515

www.colheights.k12.mn.us

Elk River School District #728

763-241-3400

www.elkriver.k12.mn.us

Forest Lake School District #831 ECFE

651-982-8300

www.forestlake.k12.mn.us

Fridley School District #14 ECFE

763-502-5123

www.fridley.k12.mn.us

St. Francis School District #15 ECFE

763-753-7170

www.stfrancis.k12.mn.us

Spring Lake Park School District #16 ECFE

763-785-5560

www.springlakeparkschools.org

White Bear Lake School District #624

651-653-3100

www.whitebear.k12.mn.us

Early Childhood Special Education (Birth to 3 years)

Help Me Grow - Statewide

1-886-693-4769

Anoka Area Help Me Grow

763-433-4888

Referral and services for children birth to three years at risk for developmental delays.

Early Childhood Special Education (3 to 5 years)

Screening, assessment and intervention for children 3 years to kindergarten with special needs.

Anoka Hennepin School District #11 ECSE **763-506-4800**

www.anoka.k12.mn.us

Centennial School District #12 ECSE **763-792-6123**

www.isd12.org

Columbia Heights School District #13 ECSE **763-528-4515**

www.colheights.k12.mn.us

Elk River School District #728 **763-241-3400**

www.elkriver.k12.mn.us

Forest Lake School District #831 ECSE **651-982-8300**

www.forestlake.k12.mn.us

Fridley School District #14 ECSE **763-502-5123**

www.fridley.k12.mn.us

St. Francis School District #15 ECSE **763-753-7170**

www.communityed15.com

Spring Lake Park School District #16 ECSE **763-786-5560**

www.springlakeparkschools.org

White Bear Lake School District #624 **651-653-3100**

www.whitebear.k12.mn.us

Head Start/Early Head Start **763-783-4300**

Home-based program for children birth to 5 years. Center-based preschool program for children 3 – 5 years in low-income families.

9574 Foley Blvd, Coon Rapids, MN 55433

www.accap.org/accap/headstart

School Readiness Programs

Public school program for children 3 years to kindergarten enrollment. Helps preschoolers enter school with the skills and behaviors necessary to be successful in future learning.

Anoka Hennepin School District #11 **763-506-1500**
www.DiscoverCommunityEd.com

Centennial School District #12 **763-792-6120**
www.isd12.org/ecfe

Columbia Heights School District #13 **763-528-4517**
www.colheights.k12.mn.us

Elk River School District #728 **763-241-3400**
www.elkriver.k12.mn.us

Forest Lake School District #831 **651-982-8300**
www.forestlake.k12.mn.us

Fridley School District #14 **763-502-5124**
www.fridley.k12.mn.us

St. Francis School District #15 **763-753-7170**
www.stfrancis.k12.mn.us

Spring Lake Park School District #16 **763-785-5560**
www.springlakeparkschools.org

White Bear Lake School District #624 **651-653-3100**
www.whitebear.k12.mn.us

PARENT SUPPORT

Anoka County Community Health

763-422-6970

Public health nurse home visits for health assessment, education, referral and advocacy. Parent education and support for families with children who have special needs.

2100 3rd Ave, 6th Floor, Anoka, MN 55303

www.co.anoka.mn.us

Arc Greater Twin Cities, Inc.

952-920-0855

Information and referral services, workshops, support groups, literature and lending library for families of children with special needs.

2446 University Ave W, Suite 110, St. Paul, MN 55114

www.arcgreatertwincities.org

Children's Home Society and Family Services

Support for families experiencing stress or crisis. Short and long term support in meeting goals and moving forward. Services include 24-hour parent support, advocacy, face-to-face support meetings, resource and referral.

Main Line:

651-646-7771

Parent Support Program:

763-785-9222

1321 Andover Blvd NE, Ham Lake, MN 55304

www.chsfs.org

Hennepin County Early

Childhood Intervention Unit

612-348-TOTS (8687)

Assistance to families in Hennepin County with children ages birth through age five. Services include developmental and mental health screening for Minneapolis children ages birth to three, social service needs assessment, short term resource planning, information and referral, consultation regarding services and resources for children with special needs, and the follow along program. Call for information about Early Intervention and early childhood screening throughout Hennepin County.

330 S 12th St, Minneapolis, MN 55404

www.co.hennepin.mn.us

Kinship Program

763-862-6755

Mentors (adults, couples or families) are provided for children 5 – 15 years.

www.kinship.org

Lutheran Social Services

612-879-5320 or

1-888-881-8261

Nurturing Parents and Children support groups for young moms (12-21 years). Adult parenting classes. Family therapy.

2414 Park Ave, Minneapolis, MN 55404

www.lssmn.org/counseling/locations

MN Association for Children's Mental Health

**651-644-7333
1-800-528-4511**

Information & referral by telephone or e-mail, individual parent coaching (assistance with meetings, record review, appeals, etc.), training workshops for parents/caretakers and for professionals, publications (for sale through out website), Family Catalyst Program: Leadership training for system change, Fidgety Fairy Tales: A Mental Health Musical, Defenders of Clearview School: an anti-bullying curriculum on line and Annual Child Adolescent Mental Health Conference. Promoting mental health for all infants, children, adolescents, and their families.

165 Western Ave N, Suite 2, St. Paul, MN 55102

www.macmh.org

www.macmh.org/infant-early-childhood-division/

MNHelp.info

Website with consistently updated resources for children and families with disabilities.

National Alliance on Mental Illness (NAMI) 651-414-6475

Dedicated to improving the lives of children and adults living with mental illness and their families by providing education, support, and advocacy.

www.nami.org

Prevent Child Abuse MN

**651-523-0099
1-800-244-5373**

Circle of parents program, a confidential support group for parents with various parenting issues. Parenting resources available on website.

709 University Ave W, Suite 234, St. Paul, MN 55104

www.pcamn.org

Raising Relative's Children

612-879-5307

Monthly support group for anyone raising a relative's child. Information and referral for legal issues, individual counseling, scholarships for camps. Offered through Lutheran Social Services.

Christian Lutheran Church

641 89th Ave NE, Blaine, MN 55434

Relative Caregiver Warmline

651-917-4640

Support and services available to family raising children of other family members.

2400 Park Ave S, Minneapolis, MN 55404

www.lssmn.org

Resource Center for Fathers & Families 763-783-4938

Parenting classes and support groups for fathers. Family law clinics. Anger management and domestic violence classes.

1201 89th Ave NE, Suite 224, Blaine, MN 55434

www.resourcesforfathers.org

Diagnostic Assessments For Children Ages Birth - 5 Years

Anoka Clinic 1833 3rd Ave, Anoka, MN 55303 www.ausm.org	763-421-5535
Canvas Health <i>Formerly HIS</i> 375 E Orleans St, Stillwater, MN 55082	651-351-3121
Children's Hospitals and Clinics of MN 2525 Chicago Ave S, Minneapolis, MN 55404	612-813-6000
Family Innovations Centerville Clinic, 7041 20th Ave S, Centerville, MN 55038	651-407-3631
Fraser Child & Family Center 2829 Verndale Ave, Anoka, MN 55303	612-331-9413
Imani Youth and Family Services 2006 1st Ave, Anoka, MN 55303 3300 County Road 10, Suite 514, Brooklyn Center, MN 55429	651-442-8423
Joining Hands Child and Family Counseling Services, LLC 1711 West County Road B, Suite 1135, Roseville, MN 55113	612-234-2719
Northeast Counseling, P.A. 2085 County Road D, Suite C-200, Maplewood, MN 55109	651-592-1592
Nystrom and Associates, Ltd. 9075 Quaday Ave NE, Suite 102, Otsego, MN 55330	763-746-9492
The Village Family Service Center 3950 3rd St N, Suite 102, St. Cloud, MN 56303	302-253-5930 ext. 2204

SPECIAL NEEDS SERVICES/ADVOCACY

Autism Society of MN

651-647-1083

Information and referral, parent education workshops, and support for individuals with Autism Spectrum Disorders, their families, teachers and interested others.

2380 Wycliff St, Suite 102, St. Paul, MN 55114

www.ausm.org

Children and Adults with Attention Deficit Disorders

952-922-5761

CHADD offers free monthly support group meetings, special events and conferences, local resource information, public education and outreach, and parent-to-parent training classes. Visit the web site for more information.

www.chadd.org

Tubman Chrysalis

612-871-0118

Programs that help entire families heal from the damaging effects of domestic violence, chemical abuse, mental health issues and other forms of family distress.

3111 First Ave S, Mpls, MN 55408

www.tubman.org

Mental Health Association of MN

**651-493-6634 or
800-862-1799**

Education and advocacy including advocacy case services, community support referrals, educational materials and family support groups.

475 Cleveland Ave, Suite 222, St. Paul, MN 55104

www.mentalhealthmn.org

MN Association for Children's Mental Health

**651-644-7333 or
1-800-528-4511**

Parent support groups, community resource person, advocacy resources and parent liaisons across the state.

165 Western Ave N, St. Paul, MN 55102

www.macmh.org

MN Children with Special Health Needs

651-201-5000

Information and referral information for systems serving children with special health needs.

85 E. 7th Pl, St. Paul, MN 55164

www.health.state.mn.us

MN Tourette Syndrome Association

612-481-8635

Education, support and public awareness programs for individuals and families.

P.O. Box 4153, St. Paul, MN 55104

www.tsa-mn.org

**Office of the Ombudsman
for Mental Health**

651-296-3848

Assistance regarding services and consumer rights for persons with mental health concerns.
121 7th Place E, Suite 420, Metro Square Bldg, St. Paul, MN 55101
www.ombudmhm.state.mn.us

PACER

952-838-9000

Advocacy, information and training needs of parents throughout Minnesota who have children with disabilities.
8161 Normandale Blvd, Minneapolis, MN 55437
www.pacer.org

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