Activity sheet 7.3c: Masturbation Flowchart

Would I like to masturbate?
- Yes
  - Am I alone?
    - Yes
      - Am I in a private place?
        - Yes
          - It is okay to masturbate
        - No
          - Don’t masturbate
    - No
      - Am I with a boyfriend or girlfriend?
        - Yes
          - Do we both want to masturbate?
            - Yes
              - Don’t masturbate
            - No
              - Am we in a private place?
                - Yes
                  - It is okay to masturbate
                - No
                  - Don’t masturbate
      - No
        - It is okay to masturbate

From: Relationships, Sexual Health and Parenthood Resource for Young People with Autism Spectrum Disorder