

Name _____ My _____

Words Scale

Rating:

5	Threats or Racism: You will be _____ if you use these words. This level includes any words that threaten another person in any way, even if you don't mean it. This level includes any word or comment about a person's race, religion or sexual orientation. This is serious so be sure to ask your teacher if you are confused or need more information about this group of words.
4	Swear Words: This would include any word that is considered a swear word. Swearing at students or teachers is not allowed at school. You will be subject to _____ if you use a swear word at school. You can ask your teacher for a list of swear words that are not allowed at school. Even if you consider a person your friend, you cannot use a swear word when talking to them.
3	Hurtful Words: These are words that make other people feel bad or offended. They include telling people that they are fat or that they smell. These kinds of words make others feel uncomfortable. They can also be called put downs, because they make a person feel hurt, sad and bad about themselves. Students are not supposed to use these words.
2	Regular Words: These words feel just fine to people. These would be greetings, questions, comments, or discussions. These are words that people expect to hear.
1	Positive Words: These are words that make others feel good about themselves and about you. Positive words include compliments and words that show that you are interested in the other person's ideas, thoughts, experiences and feelings.